## New York Rugby Club High School Happenings Summer 2013

## Leadership & College

During the summer, rugby camps are held all across the nation and many times at select rugby colleges. These are great ways of getting rugby exposure and connecting with college coaches. In mid July, the HS Program sent a group of players and a coach to the East Stroudsburg University camp. Others attended camps at the University of California Berkeley, Life University as well as independently affiliated camps such as Serevi High Performance camp and Nike Evolution camp.



In June and July, NYRC sent volunteer player coaches to rookie rugby events hosted by the NYC Parks Department to help grow the game and teach rugby to kids!



## On the Pitch

In June, HS players attended tryouts for the Empire City All Star teams, battling for spots on the Junior Varsity and Varsity squads. NYRC saw 7 Girls and 8 Boys make it onto the select sides to compete in scrimmages ending with the Challenge Cup in Pittsburgh, PA.

Meanwhile, the summer was all about rugby sevens - the new Olympic sport. The HS Boys started their sevens season early in May competing in Subaru 7s and then at the HSRC tournament in Philadelphia, PA in June. Throughout the summer, the Girls and Boys entered into Monmouth 7s, NJ 7s, and Hell Gate 7s with the Boys adding on Danbury 7s and New Haven 7s to their schedule. Out of 20 teams participating, the Boys placed 2nd in the Empire GU High School Boys 7s Championship Series!







In the Works



September - Karen Fong Workshop October - Overnight College Tour November - New York 7s Tournament

www.newyorkrugby.com

vimeo.com/nyrchighschool

**Program Donations** 

