

New York Rugby Club

High School Happenings

Winter 2013



Leadership & College

Players learned about sexual health and positive relationships in the January workshop. In February they created personal budgets in the money management workshop. In preparation for the competitive season, they listened to a sports psychologist and elected team captains in the March workshop.

At the end of January, boys and girls worked on their skills and impressed college coaches at Penn State University's camps for high school rugby players. In March, select senior boys took a trip to visit Notre Dame College and participated in their rugby program. March ended with a great honor, as 6 girls were invited to the Women's Junior All-American Try-Out camp in Virginia.



On the Pitch



The rugby season kicked off at the end of February with the Frostbite Tournament in Pennsylvania. Despite the cold, players warmed up their rugby skills and were ready to face West Side Academy in March at Columbia's Baker Field. The boys then faced their rival and first league adversary, Fordham Prep, and came out with a win. With less league competitors, the girls played French American School in a friendly match, giving the rookies a great opportunity to learn the game. March ended with a few girls participating in the Four Leaf Tournament and the boys scrimmaging against East Hampton HS.

In the Works

April - "Know Your Rights" Workshop at PAL
May - Girls fundraising for Nationals in Wisconsin
June - Boys playing in HSRC in Pennsylvania

Program Donations



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